Frequently Asked Questions

1. Is there a fundraising minimum?

No, but we encourage all participants to set competitive goals for themselves and for their team to help us raise critical funds for the fight against cancer. Don’t worry if you have never done peer-to-peer fundraising – we will help you!

2. Can my team decide what Expect Miracles Foundation program to raise fund for?

Yes. Each team captain will decide upon registering the team.

Options:
- Area of Greatest Need
- Research Fund at Dana-Farber Cancer Institute
- Research Fund at Memorial Sloan Kettering Cancer Center
- The Samfund for Young Adult Cancer Survivors

3. Is there an age restriction to participate?

No.

4. How do I log my miles and get credit for them?

After you register, Expect Miracles Foundation will send out a link to an online form to submit your daily mileage. On that form, we ask that you submit a photo or screen shot of the fitness app, watch, or tool you used to track your mileage each day that you run/walk. If you are running or walking outside, we recommend using the Strava app as it allows you to track your teammates as well.

5. Can Teams be co-ed?

Yes.

6. Does speed count for the running/walking challenge?

No, just mileage. Speed will only count in the virtual 5K and 10K road races.
7. Can I participate in the running/walking challenge and the individual 5K or 10K?

Yes. You may sign up to do the mileage challenge and compete in the virtual road races. If so, your 5K or 10K mileage will count toward your distance total. Be sure to submit your online form for each event in which you participate.

If I am on a team, do I have to wait for my Team Captain to register our team before I register as an individual and join the team?

Yes. But if you registered before your team was registered, contact us and we can move you to the team. (mkeenan@expectmiraclesfoundation.org)

9. What if I registered as an Individual but now want to join a team?

No problem. Contact us and we can make the change on the system. (mkeenan@expectmiraclesfoundation.org)

10. How will I know how I am doing and my team is doing compared to others?

The fundraising page has the top fundraising individuals and teams. Each day, we will post the top individuals and teams by mileage. If you use the Strava app to track your mileage, you can join our Club: Expect Miracles Distance Challenge. On our Club page you can see a leaderboard of mileage!

11. I am on a team, can I run/walk multiple times?

Yes, each participant may run or walk as many times as you’d like during the week to add toward your total and your team’s total.

12. What if I just want to complete a set number of miles?

That is perfectly fine!
13. How is my fundraising page created?

The Team Captain will create the Team Page. When individuals register, they can join a particular team that is already registered.

14. I'm on a team. Can donations be made to my Team's page or my page?

Either. If a donation is made on your page, it is credited to you and your team. If a donation is made on your team's page, the donor will get the option to credit the donation to a specific individual. If the donor does not select an individual on the team, the donation still goes to the team, but no individual gets credit for it.

15. Will Expect Miracles Foundation help me with fundraising tips?

Yes! When you register, we will email you tips and information to help you maximize your fundraising and make it as easy for you as possible. We will send you information about the Expect Miracles program you are supporting so you may share that in your fundraising communications.

16. What types of mileage is eligible to be counted?

Participants can run or walk outdoors, run or walk on a treadmill, or use an elliptical to log miles.

17. What if someone wants to support my fundraising by donating by check?

On your fundraising page, please direct people that want to donate via a check to make the check out to Expect Miracles Foundation. Include the participant's name (you). And mail to:
Expect Miracles Foundation
89 South St. Suite 701
Boston, MA 02111

18. I read the FAQs but I still have questions. Who can I contact?

For the Running Challenge, please contact Mary Keenan at mkeenan@expectmiraclesfoundation.org